



CANCELLATION POLICY

Please provide 24 hours notice to avoid charges for canceled services.

Free childcare available. Call for available childcare hours.

SPA HOURS

Hours change seasonally. For current hours and more information, visit our website at adelaidespandsalon.com or call 828.575.2196

adelaide spa 

ADELAIDESPAANDSALON.COM

828-575-2196

BOOK ONLINE AT VAGARO.COM

27 Resort Drive, Asheville, NC 28806

Email: info@adelaidespandsalon.com



adelaide spa 



BODY TREATMENTS

All massages are either 60 or 90 minutes unless otherwise specified.
All massage services can be provided in our couples room.
Couples pricing does not differ.

RELAXATION MASSAGE \$90 / \$120

A traditional massage incorporating long flowing strokes with light to medium pressure to relax & soothe your body and mind.

INTEGRATIVE MASSAGE \$100 / \$125

A massage to relieve tension and pain deeper into the muscle layers. This customized treatment includes deep tissue techniques.

SPORTS MASSAGE \$95 / \$125

A customized treatment blending different massage techniques to relieve deep muscular tension and improve joint mobility.

CBD MASSAGE \$105 / \$135

Utilizing locally sourced CBD products, this treatment focuses on alleviating chronic pain and inflammation associated with many medical conditions. Also stimulating endorphins to ease away stress from your mind and body. Start or complete your massage with a warm cup of tea infused with CBD honey or CBD chocolate.

CUPPING MASSAGE \$85 / \$120

This ancient form of bodywork is a gentle and non invasive treatment utilizing a soothing suction to reach deeper into the tissues to produce remarkable results from numerous conditions.

HOT STONE MASSAGE \$95 / \$125

Natural basalt stones are heated to melt away stress and tension from the mind and body.

PRE & POST NATAL MASSAGE \$95 / \$135

Nourish your senses while vanishing stress and fatigue of pregnancy or becoming a new mom.

REFLEXOLOGY MASSAGE \$50 (30 minutes)

Ancient acupressure techniques focused on the feet provide total body balance.

HYDRATING WRAP WITH BODY POLISH \$90 / 60 minutes

Enveloped in a nourishing body mask, relax underneath luxurious linens while you receive a tranquil face, neck and shoulder massage enhanced with steamed towels, hot stones, and a soothing foot massage matched to the scent of your choice.

FACIAL TREATMENTS

Exclusive Facials: We only use Image Skin Care which is high quality clinical skincare products for professional grade skin care.

ADELAIDE SIGNATURE FACIAL \$90 (60 minutes)

Our most popular facial for all skin types. Completely customized treatment above the standard experience. Our skin care professionals will determine which treatment is best based on skin type and needs.

ULTIMATE RELAXATION FACIAL \$125 (90 minutes)

Our signature facial combined with additional relaxation techniques. You will leave feeling relaxed and rejuvenated, with your skin glowing.

EXPRESS FACIAL \$60 (30 minutes)

A perfect blend of organic ingredients to treat unbalanced or sensitive skin.

02 LIFT \$150 (45 minutes)

Nicknamed the "Red Carpet Facial". This luxurious treatment infuses oxygen, plant-derived stem cells, peptides and enzymatic botanicals into your skin. Perfect before your reunion, a wedding or a night out on the town.

TREATMENT ENHANCEMENTS

MASSAGE ENHANCEMENTS

Diffused Aromatherapy.....	\$10	Cold/Hot Stones	\$5
Body Brush.....	\$10	Foot Enhancement.....	\$15
Scalp Enhancement	\$20		

FACIAL ENHANCEMENTS

Diffused Aromatherapy.....	\$10
Decolletage Treatment	\$50
Lavender Hand Treatment	\$10
Scalp Treatment	\$20
Cold Stones.....	\$5

FACIAL WAXING

Eyebrow	\$20
Chin.....	\$15
Lip.....	\$10

